

Hold Harmless and Indemnification Agreement

I, _____ ("Releasor")
whose address is _____

will hereby forever release, hold harmless and indemnify St. Johns River State College, its agents, officers, employees and successors from any and all claims or causes of action, including claims of negligence, damages, loss, liability or expenses, including reasonable attorney's fees arising out of or resulting from any activity by myself or any agent, officer, employee, successor or assign of myself, resulting from participation in the SJR State College Foundation sponsored Viking 5K Run to begin at the St. Johns River Center on September 5, 2020. I understand that running a road race is a potentially hazardous activity that could cause injury or death. I should not enter or participate unless I am medically able and I am properly trained, and by my signature, I certify that I am medically able to participate in this event, I am in good health, and I am properly trained. I assume all risks associated with running or walking in this event, including but not limited to falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road. Releasor acknowledges and agrees this release covers ALL damages, whether or not contemplated at the present time, and it includes results undeveloped and then known at the present time as well as those known.

I understand that I may be photographed or videoed during this College event. I waive and relinquish any personal and privacy rights and understand that all photographs or video shall become the sole property of the College and used in any and all publications including social media, brochures and websites for the purposes of instruction, advertisements and/or promotions for the College.

Executed this _____ day of _____ 20____.

(Print name of participant)

(Signature of participant if over 18)

Parent or guardian (required if under 18)

(Print name of Releasor)

(Signature of Releasor)

SJR STATE COLLEGE NON-DISCRIMINATION STATEMENT: St. Johns River State College does not discriminate against any person in its programs, activities, policies or procedures on the basis of race, ethnicity, color, national origin, marital status, religion, age, gender, sex, pregnancy, sexual orientation, gender identity, genetic information, disability, or veteran status. All questions or inquiries regarding compliance with laws relating to non-discrimination and all complaints regarding sexual misconduct or discrimination, may be directed to the Title IX Coordinator/Equity Officer, St. Johns River State College, 5001 St. Johns Avenue, Palatka, Florida, 32177; 386-312-4070.

Presenting Sponsor

WASTE PRO

Caring For Our Communities

Online registration and the
5K race route is available at:
SJRvikings.com



NEW! COURSE

BLUE CRAB WEEKEND



SATURDAY, SEPTEMBER 5, 2020

RACE BEGINS AT 8:00 A.M.

St. Johns River Center | 102 N. 1st St. | Palatka, Florida



ENTRY FEES

Pre-registered (Deadline August 1) = \$25

(August 2 - September 4) = \$30

Race Day = \$35

Children 13 and Under (must be accompanied by adult) = \$10

SJR State Alumni, Employees and Students = \$20

T-SHIRTS

Viking 5K Run T-shirts will be distributed to all participants registered by August 1, 2020.

Participants not registered by August 1, 2020 will receive T-shirts on a first-come, first-served basis.

AWARDS

Overall male and female winner.

1st, 2nd, & 3rd place prizes will be awarded to both male and female runners in the following age groups:
9 & under, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 & up.



ABOUT THE VIKING 5K RUN

New this year, SJR State has partnered with the Blue Crab Festival and will start and finish the race downtown at the Main Stage.



The Viking 5K Run is a fun-filled event welcoming runners, health-walkers, families and anyone who seeks to raise their heart rates and support St. Johns River State College's athletic programs. All proceeds are deposited by the SJR State Foundation and administered by the SJR State Athletic Association according to the needs of the athletic department and student-athletes.

REGISTRATION AND PRE-RACE PACKET PICK UP

Viking Night and pre-race day packet pick up will be at the Blue Crab Festival (102 N 1st St, Palatka, FL 32177) on Friday, September 4, 2020.

Pre-registration is encouraged.

Registrations will be accepted the morning of the race. Race-day registration and race packet pick up will begin at 6:00 a.m. the day of the race. This will be a chip-timed race. Runners can pick up their time chip when they check in and get their race day packets.

**Online registration and the
5K race route is available at:
SJRvikings.com**

**For more information, contact the
SJR State Foundation Office at 386-312-4100**

VIKING 5K RUN REGISTRATION

First Name: _____

Last Name: _____

Organization: _____

Mailing Address: _____

City, State, Zip: _____

Email Address: _____

Phone #: _____

Birth Date: _____ Age on Race Day: _____

Gender: Male _____ Female _____

Amount enclosed: \$ _____

Please make checks payable to:

St. Johns River State College Foundation

Circle One:

____ Child T-shirt: S M L

____ Adult T-shirt: S M L XL XXL

Registration forms can be mailed to:

St. Johns River State College Foundation
5001 St. Johns Avenue
Palatka, FL 32177

In the event of inclement weather, emergency or a natural disaster, the SJR State Foundation reserves the right to cancel or delay the race. In the event of a cancellation, entry fees will not be refunded.