

# Sunday, February 24, 2019 at 8:30 AM

Central Park at the Palm Coast Town Center 5K Awards: Immediately Following 5K

Kid's Races: Following 5K Awards



\$35 after Feb 4 for 5K \$15 Student rate K-12th for 5K

FREE Destiny Kids Dash or Super Loop

\$10 T-shirt purchase only option (add'I \$2. double sizes)

## The Super 5K Course

The 5K course is a chip timed and certified course. There will be water stations and superhero fun throughout the race. Destiny Dash is toddlers -VPK and Super Loop is K-3rd grade.

### Prizes and Awards

Prizes for overall top male and female. Also prizes in the following categories to top three male and top three female:

9 and Under;

10-12; 13-15; 16-19; 20-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54;

55-59; 60-64; 65-69; 70-74, 75-Over



### Race Packet Pick Up

Palm Coast Community Church (pc3), 1 Pine Lakes Pkwy N, Palm Coast, FL 32137 on Friday, February 22nd from 1pm-6pm as well as immediately prior to race at Central Park, Palm Coast Town Center.

Proceeds from this event will benefit Palm Coast Community Child Center a 501(c)(3) Organization.

Contact Race Director Ryan Watson (386) 986-1876 superhero5k@mypc3.com





**Registration Form** Gender: M F Age Race Day: \_\_\_\_\_ DOB: \_\_\_\_\_ Mailing Address: \_\_\_\_\_ City: \_\_\_\_\_ State : \_\_\_\_ Zip: \_\_\_\_\_ Email: I am registering for the \_\_\_\_\_ Destiny Dash (Walking-VPK) \_\_\_\_\_ Super Loop (K-3rd) \_\_\_\_\_ 5K Superhero \_\_\_\_ T-Shirt ONLY Adult: S M L XL 2XL 3XL Youth: S M L XL Circle one shirt size: \*\*Additional cost of \$2.00 for Double sized t-shirts. Registration fee is non-refundable. Make check payable to Palm Coast Community Child Center.

#### **DISCLAIMER**

In consideration of my application in the Superhero 5K and Destiny Kids Dash, I do hereby release and discharge Palm Coast Community Church and Palm Coast Community Child Center, and all race sponsors, volunteers, and employees from any and all liability for their own negligence, for damages or injuries that I might receive during my participation, whether due to acts of third party or otherwise. I assume all risks associated with walking and running in this event, including, but not limited to: falls, contacts with other participants, the effects of weather, (including heat and/or humidity, traffic, and the conditions of the road. By my signature, I attest that I am physically fit and well trained to participate in the event on February 24, 2019.

I hereby release Palm Coast Community Church and Palm Coast Community Child Center to use my image for display, distribution, publication, transmission, or otherwise use photographs, images, and/or video taken for use in materials that include, but may not be limited to, printed materials such as brochures and newsletters, videos, and digital images.

Print Name of Participant

Signature of Participant if over 18

Parent/Guardian Signature if under 18

Today's Date

