

Saturday, March 4, 2017 at 8AM

Central Park at the Palm Coast Town Center

5K Awards: Immediately Following 5K Kid's Races: Following 5K Awards

Race t-shirts will be given to everyone who registers by February 3, 2017.

Super T-Shirts

Race Packet Pick Up

Palm Coast Community Church (pc3), 1 Pine Lakes Pkwy N, Palm Coast, FL 32137 on Friday, March 3 from 1-6 PM as well as immediately prior to race at Central Park, Palm Coast Town Center.

Proceeds from this event will benefit Palm Coast Community Child Center a 501(c)(3) Organization.

Contact Race Director Ryan Watson (386) 986-1876

superhero5k@mypc3.com



Love God. Love People. Live It.



Entry Fees

\$25 on or before Feb 19 for Virtual Race \$25 on or before Feb 28 for 5K \$30 after Feb 28 for 5K

\$15 Student rate K-12th for 5K \$10 Destiny Kids Dash or Super Loop

\$10 T-shirt purchase only option

The Super 5K Course

The 5K course is a chip timed and certified course. There will be water stations and superhero fun throughout the race. Destiny Dash is walking -VPK and Super Loop is K-3rd grade.

Prizes and Awards

Prizes for overall top male and female. Also prizes in the following categories to top three male and top three female:

9 and Under:

10-12; 13-15; 16-19; 20-24; 25-29;

30-34; 35-39; 40-44; 45-49; 50-54;

55-59; 60-64; 65-69; 70-74, 75-Over



Registration Form													
Name:						Gender: M F			Age Race Day:			DOB:	(
Mailing Address:									State : Zip:		Zip: _		
Phone:		E	mail: _										(
I am registering for the	Des	stiny Dasl	n (Walk	ing-VPI	K)	Supe	Loop ((K-3ı	rd)	5K Sı	uperhero _	T-Shirt ONL	Υ (
Circle one shirt size:	Adult:		_		XXL		uth: S	3	M L	XL		*	(
Registration fee is non-refundable	e. Make che	ck payable	to Palm C	Coast Con	nmunity (Child Center.						V	1

In consideration of my application in the Superhero 5K and Destiny Kids Dash, I do hereby release and discharge Palm Coast Community Church and Palm Coast Community Child Center, and all race sponsors, volunteers, and employees from any and all liability for their own negligence, for damages or injuries that I might receive during my participation, whether due to acts of third party or otherwise. I assume all risks associated with walking and running in this event, including, but not limited to: falls, contacts with other participants, the effects of weather, (including heat and/or humidity, traffic, and the conditions of the road. By my signature, I attest that I am physically fit and well trained to participate in the event on March 4, 2017.

I hereby release Palm Coast Community Church and Palm Coast Community Child Center to use my image for display, distribution, publication, transmission, or otherwise use photographs, images, and/or video taken for use in materials that include, but may not be limited to, printed materials such as brochures and newsletters, videos, and digital images.

Print Name of Participant Signature of Participant if over 18 Parent/Guardian Signature if under 18 Today's Date

Online Registration: WWW.racesmith.com

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