

The Mason Manatee Relay for Life Team is holding a 5k run/walk at 8:30 am on Saturday, March 16, 2013. All proceeds from this event will be donated to the American Cancer Society to benefit cancer patients and their families, including research to treat and cure this disease.

Please consider helping this worthwhile cause in one of the following ways:

- Run/walk the 5k
- Make a tax deductible donation
- Sponsor the race
- Join our Relay for Life Team
- Form your own Relay for Life Team:  
www.relayforlife.org/pedromenendezfl

For questions about the race or information on the bulleted items above, please contact Melinda Stevens:

904-501-7794

[spring4acure@gmail.com](mailto:spring4acure@gmail.com)



Relay For Life® One day. One night. One community: By participating in an American Cancer Society Relay For Life® event near you, you honor cancer survivors, pay tribute to the lives lost to the disease, and raise money to help fight it – all right in your community.

The race will take place at the Riverview Club in the St. Augustine Shores Community.

Event highlights:

USATF Course Certification # FL10015EBM

Online registration available: [www.RaceSmith.com](http://www.RaceSmith.com)

(look on the left hand side for Spring4aCure under upcoming events)

- award to overall female & male winner
- recognition to top finishers in various age categories
- The race will be professionally timed using disposable tags, on the bib number.
- Results will be posted at the race and then online, immediately following the race at [www.RaceSmith.com](http://www.RaceSmith.com)
- Loop course (start & end in same location)
- Early registration discount (by 3/15)
- Drink stations
- T-shirts guaranteed for all *pre-registered* participants if registered by 3/4/2013.
- Ample parking

Entry Fees: Non-refundable	
Pre-Registration (until 3/15/13).....	\$20
Online registration (ending 3/14).....	\$20
Day of Race.....	\$25

**PRERACE PACKET PICKUP:**

Friday, March 15th 3:30 – 7:00 pm

Otis Mason Elementary School

207 Mason Manatee Way

St. Augustine, FL 32086

**RACE REGISTRATION: PLEASE PRINT**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone number: \_\_\_\_\_

Email: \_\_\_\_\_

Age: \_\_\_\_\_ Birthdate: \_\_\_\_\_

Sex:        M                    F

T-shirt size: (circle one)

Youth:    small            medium    large

Adult:    small            medium    large    extra large  
2X            3X

**2X OR LARGER GUARANTEED IF REGISTERED BY 3/4/13.**

**Make checks payable to:**  
Mason Relay for Life  
207 Mason Manatee Way  
St. Augustine, FL 32086

**RELEASE:** In consideration of the acceptance of my application to participate in the Spring 4 a Cure, I do hereby release and discharge the Mason Manatee Relay for Life Team, RaceSmith, Inc., the Riverview Club, the County of St. Johns, the State of Florida Department of Transportation, all race sponsors, servants or employees from any and all liability for their own negligence, for damages or injuries that I might receive during my participation, whether due to the acts of third persons or otherwise. I attest that I am physically fit and well trained to participate in the Spring 4 a Cure on March 15, 2013.

\_\_\_\_\_  
signature and date

**Mason Manatee Relay for Life Team**

Vicci Arnold      Susan Breda      Lisa Bryant  
Molly Grossholz      Martina LeBlanc      Eileen Strange  
Jeff & Melinda Stevens      Kristin & Terry Meek  
Laura Strauss      Tommy & Brittany Lescroart

**Sponsorships dedicated to:**

**Honor of:**                      **Memory of:**

**Business Sponsors:**

**Simply "Medical" Billing 794-7434**



**Atlantic Residential Contracting**  
[www.arcontractor.com](http://www.arcontractor.com)

**Mason Manatee Relay for Life Team  
presents:**



**5K Run/Walk**

*benefitting the American Cancer Society*

**March 16, 2013**

**8:30 am**

**Riverview Club, St. Augustine Shores, FL  
RAIN OR SHINE!**

Race contact:      [spring4acure@gmail.com](mailto:spring4acure@gmail.com)

**Title Sponsorship by:**

