

Ingram's
Pro Karate Center



RUN FOR THE KICKS!

INGRAM'S KARATE CENTER

PRESENTS: 5K RUN/WALK

NOVEMBER 6, 2010 (Saturday)

JB STARKEY WILDERNESS PARK

BIKE PATH / PAVILION A

10500 WILDERNESS PARK DR.

NEW PORT RICHEY, FL 34655

5K 8:00 a.m. FUN-RUN 9:00 a.m.

REGISTRATION FEE \$25 (\$15 FOR FUN RUN) Further Info: 727 372-7673
ALL PROCEEDS TO BENEFIT U.S.A. TEAM MEMBERS

Registration Form - RUN FOR THE KICKS!

[check One]

5K Run/Walk: _____ \$25 Fun Run: _____ \$15

Name _____

Address _____

City _____ State _____ Zip _____

Phone: _____ E-Mail: _____

Age on Race Day: _____ Gender: [Check one] Male _____ Female _____

Mail & on-line registrations must be **RECEIVED** by
midnight **OCTOBER 25th** to be guaranteed **T-SHIRT**

SHIRT SIZE: Youth L Adult: S M L XL XXL
[Circle one]

Run features **chip timing** technology.
This is a **PRE-REGISTRATION** event!

Make checks Payable & Mail to:

Ingram's Karate Center
4116 Little Road

New Port Richey, FL 34655

MAIL BEFORE October 25, 2010

or register on-line at **www.RaceSmith.com**

Waiver/Release of Liability form must be completed and signed to participate. Anyone under 18 must have a parent or guardian's signature at time of signing
waiver/release form to run

In consideration of receiving permission to enter and participate in the Run For The Kicks ("event") on Saturday, November 6, 2010, or other rescheduled date, in Pasco County Florida, the receipt of which is hereby acknowledged, the undersigned agrees to comply with all published rules and conditions of Event participation including instructions from Event officials and makes the following covenants and agreements:

1. The event is a road race allowing both running and walking which can be considered a hazardous activity. Medical clearance and proper training are recommended prior to participating in such Events. Signing this document means the undersigned has assumed all risks of participation.
2. The undersigned, on behalf of the Undersigned, his or her heirs, executors, administrators and assigns (the "Releasers") hereby fully releases, discharges and covenants not to sue Ingram's Pro Karate Center, its owners, members, agents, employees, volunteers and promoters and sponsors (the "Releasees") and agrees to indemnify and hold harmless the Releasees from all liability for loss, injuries, or damage (including regular, compensatory, incidental, consequential and special) and loss of property that the Releasees may incur, including any and all attorneys' fees and costs, arising from participation in the Event or to the presence of the Undersigned on the Event grounds, whether such loss, injuries, or damages are caused by the negligence or alleged negligence of the Releasees or otherwise.
3. This document is intended to be as broad and inclusive as is permitted by the law of the governing State of Florida. If any part hereof is determined to be invalid, the remainder shall nonetheless continue in full legal effect. The Undersigned understands and acknowledges the significance and consequences of such specific intention to waive all claims, and hereby voluntarily assumes full responsibility for any injuries, damages or losses that the Releasers may incur.
4. The Undersigned, in executing this release, does not rely on any inducements, promises, or representations made by Ingram's Pro Karate Center, or its above-mentioned representatives. Entries are nonrefundable and nontransferable.

Signature of Participant (Parent signature if under 18)
(and Print Parent name if participant under 18) _____

_____ Date